

A world of sports!

CONSORZIO OPERATORI
TURISTICI
VALLI DEL CANAVESE

Courses and workshops to get closer to sport and nature with the help of professionals who will help you discover the beauty and secrets of outdoor sports in Canavese. From the free flight in Valle Sacra to climbing in Settimo Vittone, from mountain biking to horse trekking, up to Nordic walking, in Gran Paradiso National Park or in the Dora Baltea Valley!

YOU WILL FLY! FREE FLIGHT – PARAGLIDING COURSE

Two days dedicated to the sky with a starting course of paragliding, in which you will have your first flight, matched in the evening with astronomical observations with the telescope in the company of an expert. Stars and planet will become your friends.

Overnight at:

Camere I Sogni tra le stelle - Salto di Cuornè

Dinner and breakfast at:

Trattoria il Vassoio Volante - Salto di Cuornè

Lunches: not included

▶ **A person in a double room from 110 euro**
Course fee of Free Flight or Paragliding not included.

Period	April / October
Target	for all
Duration	3 days / 2 nights
Min people	2

CLIMBING IN THE PARK

Three, five, seven days to explore the techniques of free climbing and mountaineering with an expert mountain guide, to climb with bare hands toward the sky ... in the heart of Gran Paradiso National Park.

Period	April / October
Target	for all
Duration	3 days / 2 nights or 5 days / 4 nights or 7 days / 6 nights
Min people	2

Accommodation and breakfast in Ceresole Reale (at your choice):

Hotel Blanchetti***, Hotel Gli Scoiattoli***, Hotel Sport**, Hotel Ciarforon*,
Refuge Fonti Minerali

Dinner at: Hotel Blanchetti, Hotel Sport, Hotel Ciarforon, Refuge Fonti Minerali

Lunches: not included

▶ **A person in a double room from 130 euro**
Cost of the course of Climbing-Mountaineering not included.

CLIMBING IN SETTIMO VITTONI

Climbing course at the beautiful and sunny cliff wall Montestrutto in Dora Baltea Valley, a few steps from the Valle d'Aosta to move the "first steps" toward this vertical activity.

Overnight and breakfast at: Hotel Campo Base** Settimo Vittone

Dinners at the typical restaurants: La Sosta, La Marenda Sinoira,
La Baracca (Settimo Vittone)

Lunches: Vertical Rock (Settimo Vittone)

▶ **A person in a double room from 150 euro**
Cost of the course of climbing not included.



Period	April / October
Target	for all
Duration	3 days / 2 nights
Min people	2

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RIDING FOR EVERYONE

Approach routes to the horse and horse riding, modular stays in 3-5-7 days at the equestrian center Equin'Ozio, with rooms and restaurant, located in the Valle Sacra's countryside. Jumping, dressage, cross country, horse trekking ... Courses for beginners or to perfect the technique of riding for children and adults.

Lunches, overnight and daily breakfast at:

Equin'Ozio - Filia di Castellamonte

Typical dinners at: Azienda agricola La Terra di Mezzo,

Ristorante Oriente - Filia di Castellamonte

► **Per person: 2 nights from 135 euro; 4 nights from 270 euro; 6 nights from 405 euro**
The lunches are included.
Cost of riding activities not included.

Period	March / November
Target	for all
Duration	3 days/ 2 nights or 5 days / 4 nights or 7 days / 6 nights
Min people	2

NORDIC WALKING!

Nordic Walking is a sport that combines the walk to a particular use of trekking poles (specially modified and lighter) to improve the benefits that the movement has on the human body. Two -day course for a first approach to Nordic walking in the Gran Paradiso National Park in Ceresole Reale or in Settimo Vittone. Nature and good food will match the lessons.



SETTIMO VITTONE

Period	March / November
Target	for all
Duration	2 days/ 1 nights
Min people	2

Overnight and breakfast: Hotel Campo Base** (Settimo Vittone)

Dinners at: La Sosta, La Marena Sinoira, La Baracca (Settimo Vittone) and La Maiola (Carema)

Lunches: Vertical Rock (Settimo Vittone)

CERESOLE REALE

Period	June / September
Target	for all
Duration	2 days / 1 night
Min people	2

Accommodation and breakfast in:

Hotel Blanchetti***, Hotel Gli Scoiattoli***, Hotel Sport**, Hotel Ciarforon*, Refuge Fonti Minerali - Ceresole Reale

Dinners at: l'Hotel/Rifugio

Lunches: not included

► IN SETTIMO VITTONE

Per person in double room: 2 people from 145 euro; 4 people from 125 euro;
Cost of Nordic walking course included.

► IN CERESOLE REALE

Per person in double room: 2 people from 160 euro; 4 people from 140 euro;
Cost of Nordic walking course included.

Rates include: Accommodations and services as noted.

Not included: Lunches, drinks, transportation (available on re-

quest), personal expenses and anything not mentioned in "Rates include".